



# FAMILY FIRST PEDIATRICS

## Health History Form

CHILD'S NAME: \_\_\_\_\_ DOB \_\_\_\_\_

AGE: \_\_\_\_\_

CURRENT HEALTH CONCERNS: \_\_\_\_\_

### Current Medications:

Medication Name	Dosage	Frequency

### ALLERGIES/REACTIONS TO MEDICINES OR VACCINATIONS:

Medication or Vaccination Name	What happens with Reaction i.e. Rash, shortness of breath	Site i.e. arm, thigh

### PREGNANCY & BIRTH

Is the child yours by: birth adoption stepchild other: \_\_\_\_\_

Please indicate any medical problems during pregnancy. None

Other: \_\_\_\_\_

Delivery by: Vaginal birth Caesarian

If caesarian, Why? \_\_\_\_\_

If premature, Why? \_\_\_\_\_

Birth Weight \_\_\_\_\_ Birth Length \_\_\_\_\_

Please indicate any medical problems during the baby's newborn period. None

Other \_\_\_\_\_

### NUTRITION & FEEDING

Was your child breastfed? No Yes If yes, how long? \_\_\_\_\_

Has your child had any unusual feeding/dietary problems? No Yes If yes, specify: \_\_\_\_\_

Milk intake now: Type: Cow Milk (non-fat, 1% fat, 2% fat, whole milk) soy milk rice milk

Average ounces per day (Note: 8 ounces are in 1 cup) \_\_\_\_\_



**FAMILY HISTORY:** Check any family history of the following (indicate who has/had the condition)

**Review of organs systems: If your child has more then one symptom on a line, circle relevant one(s)**

**CONSTITUTIONAL / ENDOCRINE**

Fever / chills / excessive sweating  
Unexplained weight loss / gain

**EYES**

Squinting / “crossed eyes”

**EARS / NOSE / THROAT**

Unusually loud voice / hard of hearing  
Mouth breathing / snoring  
Bad breath  
Frequent runny nose  
Problems with teeth / gums

**RESPIRATORY**

Cough / wheeze

**GASTROINTESTINAL**

Nausea / vomiting / diarrhea  
Constipation

**GENITOURINARY**

Bedwetting  
Pain with urination  
Discharge: penis or vagina

**MUSCULOSKELETAL**

Muscle / joint pain

**ALLERGY**

Hay fever / itchy eyes

**SKIN**

rashes / unusual moles

**PSYCHIATRIC / EMOTIONAL**

Speech problems  
Anxiety / stress  
Problems with sleep / nightmares  
Depression  
Nail biting / thumb sucking  
Bad tember / breath holding  
Jealousy

**BLOOD / LYMPH**

Unexplained lumps  
Easy bruising / bleeding

**CARDIOVASCULAR**

Tires easily with exertion  
Shortness of breath  
Fainting

**NEUROLOGICAL**

Headache  
Weakness  
Clumsiness

The information that I have provided is to the best of my knowledge, true. I authorize Family First Pediatric to speak with or request records from other physicians who, now or in the past, have cared for this child. I authorize the release of correspondence and/or medical records to other medical providers involved in this child’s care.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_ Relationship to child \_\_\_\_\_

